



'Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?'

Isaiah 58:6

As we fast and pray during this time of Lent, we are reminded that there is hope for all people because of what Jesus did for us on the cross
Your life is part of that hope.

**Poverty is not God's plan.
You are.**

*Together, we can help
beat poverty.*

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