



# Do Christmas a little differently in 2021

Refocus on what matters, reconsider your waste and redress the balance

## What could I do differently this Christmas?



**Donate a portion of your office Secret Santa spending limit, rather than buying something for the full amount.**

For example, donate £2 or £3 to charity and give your recipient a card telling them where the money has gone, as well as a small gift they can keep.



**Do you really need to buy Christmas crackers this year?**

Nearly everything about crackers ends up in the bin. Instead, donate to charity the money you would have spent on crackers. You could download our gift tags and put one by each table setting to let people know about your donation.



**Free yourself from the pressure of finding a gift for that certain person you find impossible to buy for every year.** Instead buy them a voucher for the cinema, or a restaurant, or for a small business

they might like. You could spend most, but not all, of what you had budgeted and donate the rest – telling them the donation is also part of their gift.



**Are you honestly going to use those novelty items more than once or twice?** Can you resist them and donate the money you would have spent instead? Or you could get creative and make your own!



**Shop your wardrobe instead of buying something new for that Christmas party.**

Resist the temptation to buy a brand new outfit and wear something you already own. You could donate to Tearfund some of the money you were going to spend on new clothes. Or if you do need something new, consider buying secondhand – charity shops are a good place to start – which is better for the environment and it still leaves some money for giving.



Suggest to your church that instead of giving one another Christmas cards, you each **pin one card to everyone on the church noticeboard and you all donate a few pounds instead.**



If every Christmas you find that you are eating to excess and every New Year you resolve to go on a diet, **buy fewer treats this year and give the money you've saved to charity.**



**Consider creating your own imaginative, greener and cheaper advent calendar** for any children in your life – instead of the £20 branded toy version – and donate the money you've saved.

[tearfund.org](http://tearfund.org)

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