



The Commonwealth Prayer Relay



Running the race together

An 11-day prayer guide from Tearfund
and 24-7 Prayer Scotland

 24-7 PRAYER SCOTLAND



The opening ceremony: Take your place at the start line

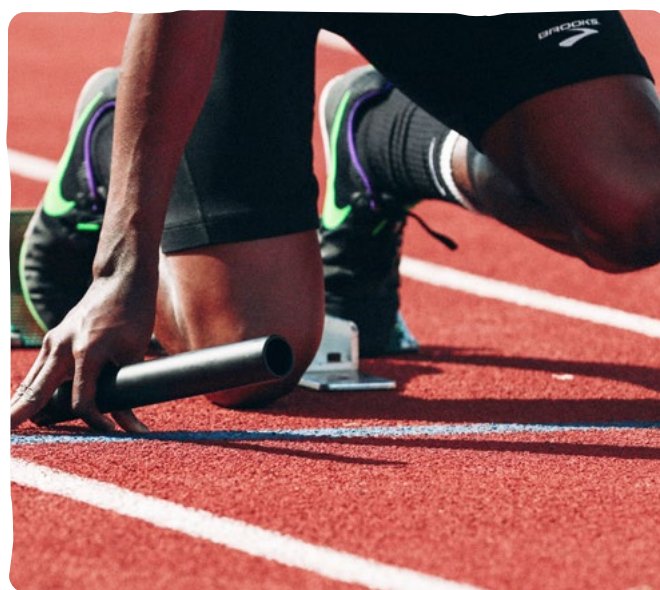
This summer, the eyes of the world are on Glasgow as athletes from across the globe arrive to compete, push their limits and celebrate community.

As members of a global church family, we know that away from the spotlight, millions of people do not start life on a level playing field. Extreme poverty, fuelled by conflict, climate disasters and deep-seated injustice, means many face an uphill climb just for the basics in life – clean water, food and safety.

At Tearfund, we know extreme poverty is unrelenting, but it does not extinguish hope. We are committed for the long run, equipping and enabling people as they take control of their own lives so they can move beyond everyday survival and lift their whole communities out of poverty, for good.

At 24-7 Prayer, we believe that transformation begins at the feet of Jesus. As we spend time with him, God reveals his heart to us and transforms us, our communities and our world. From this place we are invited to go and become the hands and feet of our prayers, persevering in prayer and declaring God's love with our prayers, thoughts, words and actions.

So, this season we are coming together to invite you to join us in praying for the changes we all want to see.



Where will love lead you this summer?

Welcome to the Commonwealth Prayer Relay. Over the next 11 days, in step with the 11 days of the Games, Tearfund and 24-7 Prayer Scotland invite you to pass the baton of prayer across 11 Commonwealth countries where Tearfund works.

Together, let's pray for an end to poverty, a levelling of the playing field, and a rising of hope. Thank you for running this race with us.



Day 1: Thursday 23 July

Zambia

Praying for peaceful elections and protection from climate change and Ebola in Zambia



The hurdles: Zambia has long been a relatively stable and peaceful haven for its more volatile neighbours. However, its economy remains vulnerable to fluctuating international commodity prices, particularly for copper. Past economic crises have deepened poverty, and as people increasingly move to urban areas, traditional community safety nets for the poorest families have broken down.

The majority of people live in rural areas and are subsistence farmers, making the nation heavily dependent on rains being predictable. Climate change remains an active threat, with rains failing more frequently. A severe recent drought led to poor harvests, increased food prices and electricity rationing, creating ongoing challenges for families trying to build resilience and escape poverty.



Tearfund's response: Our primary focus in Zambia is supporting local churches to become active agents of change, helping their local communities to break free from poverty.

A key initiative we're involved in is encouraging the growth of small-scale community savings schemes that offer business training and social support. These groups allow members to set up small income-generating activities to feed their families and keep their children in school. We also focus on helping subsistence farmers adapt and become more resilient to changing weather patterns, droughts and floods.



Let's pray:

- for Zambia as it goes to the polls for national elections in August. Pray that God will grant wisdom and integrity to all leaders and candidates. Pray that the church will be a faithful voice of truth, unity, justice and reconciliation, encouraging peaceful participation in the democratic process.
- that God will protect Zambia from Ebola outbreaks and disease, and that government officials, health workers and public health agencies will implement effective prevention measures.
- for Zambia as a nation as it faces the predicted effects of El Niño this year. Pray that God will grant wisdom to leaders, farmers, communities and relief organisations as they prepare for and build resilience to changing weather conditions. Ask God to protect lives, livelihoods, crops and water resources.



THE EXTRA MILE

Get a pen and a piece of paper, and find a map of Zambia, maybe on your phone.

Slowly, begin to draw the outline of Zambia.

As you draw, ask for protection for people in Zambia. For peace following elections, for wisdom in the face of crisis and for renewed hope.

Once your outline is complete, fill it with some of the words that the Lord speaks over his people. Here are some verses to help you: **Psalm 139:14, Genesis 1:26–27, Romans 8:31–39.**



Day 2: Friday 24 July

Bangladesh

Praying for the displaced Rohingya community and children's health in Bangladesh



The hurdles: The displaced Rohingya community have been living in Bangladesh for over a decade, having fled from neighbouring Myanmar. There are over 1 million people currently living in camps near Cox's Bazar, all carrying the pain of uncertainty and a future without clear hope. With no immediate political solution in sight, many continue to depend on humanitarian support, which is becoming increasingly limited amid a global aid crisis.

In the difficult and remote areas of Bangladesh where Tearfund works, poverty is severe, the impact of climate change is real, and humanitarian assistance is limited or restricted. Many children face daily risks from poverty, lack of healthcare, and preventable diseases.



Tearfund's response: In Bangladesh Tearfund is helping the most vulnerable communities affected by displacement and disasters, and those who are living in hard-to-reach, poverty-stricken areas. We work through churches and our local Christian partners to provide support to both the Rohingya people and their host communities. This includes improving access to clean water, installing safe toilets and bathing facilities, and providing hygiene training and hygiene kits.



Let's pray:

- that God will open a pathway for a dignified, peaceful and lasting solution for the Rohingya community, restoring hope, security and a future for every family.
- for the children of Bangladesh living in vulnerable communities. Pray for increased access to life-saving vaccines, healthcare and protection for every child. Let's pray that no child will lose their life to preventable disease and that every child will have the opportunity to grow up in safety and good health.
- for strength, courage, wisdom and resources for churches as they bring hope, compassion and practical support to communities in need.



THE EXTRA MILE

■ 'When they had gone, an angel of the Lord appeared to Joseph in a dream. "Get up," he said, "take the child and his mother and escape to Egypt. Stay there until I tell you, for Herod is going to search for the child to kill him."

'So he got up, took the child and his mother during the night and left for Egypt.'

Matthew 2:13-14

Lord Jesus, we remember that when you put on flesh and dwelt among us, you too were a refugee, forced to leave home and flee to a new and unfamiliar land. Give us eyes to see you as you dwell among the displaced Rohingya people. Bring them your peace, your glory and your love. In Jesus name, Amen.



Day 3: Saturday 25 July

Uganda

Praying for peace, healing and harvests in Uganda



The hurdles: Uganda was once described as ‘the pearl of Africa’ because of its fertility, and most Ugandans work as small-scale farmers.

However, that makes them extremely vulnerable to climate shocks like flooding, drought and landslides, which are becoming increasingly common. Reduced harvests and severe food shortages have become more frequent too.

Environmental changes have also had a knock-on effect on health, worsening the spread of water-borne diseases and other public health threats. Uganda has one of the fastest-growing and youngest populations in the world – more than half the population are under 18 – but services like health and education are not keeping pace with population growth.



Tearfund’s response: We work through local churches to help communities bring change, which includes training leaders in vital peace and reconciliation work to build long-term stability. Our partners are also actively helping communities build resilience against extreme weather patterns and health crises, through providing clean drinking water and hygiene training, as well as water for irrigation.



Let’s pray:

- for peace and stability in Uganda, and for wisdom for its leaders. Ask that those in power will serve their people with integrity and act promptly to address people’s needs.
- that God will protect the people of Uganda against disease outbreaks. Pray for complete healing for those who are currently suffering from Ebola and for protection and endurance for the health workers caring for them.
- for resilience against changing weather patterns and severe hunger, especially for communities in north Uganda. People in the Karamoja region are hit particularly hard.



THE EXTRA MILE

Take some time to plant a seed. Put it in a sunny spot, where it can be watered regularly. Think about the difficulty involved in keeping that new life alive. The need for the right environment, access to sunlight, water and fertile soil.

Think about what it would be like to be a farmer in Uganda whose life and livelihood depended on keeping their crops alive amid the turmoil of a changing climate.

Reflect on the joy and privilege that it is to care for God’s creation and cultivate new life within it.

Ask Christ to protect Uganda and its people, to lead them in his peace, and to bless them with abundant harvests.



Day 4:

Sunday 26 July

Sierra Leone

Praying that the people of Sierra Leone will flourish economically and spiritually



The hurdles: Though Sierra Leone has enjoyed peace for over two decades, this stability is fragile. High youth unemployment and widening political and ethnic divisions continue to pose a threat. Meanwhile, poverty keeps a stubborn hold across the country as the economic impact of shocks such as Ebola and Covid continues to be felt.

Sierra Leone is one of the nations at highest risk of natural disasters, according to the UN: communities regularly face the devastating impact of severe flooding and mudslides. With all these challenges, families often struggle just to survive and many lack access to clean water, proper nutrition and quality healthcare.



Tearfund's response: Through our growing Transforming Communities programme, we partner with local churches, equipping them to lead initiatives that help families move out of poverty and build thriving communities rooted in love, peace, justice and dignity. We typically work in remote and isolated rural communities. We are also actively supporting local partners to challenge the harmful cultural norms that lead to sexual and gender-based violence, ensuring women and families are protected.



Let's pray:

- for a powerful move of the Holy Spirit across Sierra Leone, so that lives and communities are transformed for good. Let's pray that the church will preach the gospel boldly, heal the brokenhearted, and stand firm as a beacon of hope, truth and integrity.
- for wisdom for leaders to implement policies to enable all citizens to prosper. Pray that, through our Transforming Communities work, more people will be equipped with the tools they need to lift themselves out of poverty.
- peace and unity across Sierra Leone, that communities will come together with a shared goal of justice, equality and dignity for all. Pray for God's protection over Tearfund staff and partners as they travel to remote areas.



THE EXTRA MILE

■ 'For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace.'
Isaiah 9:6

Jesus Christ, Prince of Peace, come in your glory in Sierra Leone. In a time of growing political and social divisions, come, bind up the brokenhearted, and draw your children back together. We pray for a release of your kingdom, where 'there is neither Jew nor Gentile, neither slave nor free, nor is there male and female' and where we are 'all one in Christ Jesus' (Galatians 3:28). Amen.



Day 5:

Monday 27 July

Kenya

Praying for the church at the heart of holistic transformation in Kenya



The hurdles: Kenya is a land of beautiful contrasts, with thriving development and natural beauty balanced against the harsh realities of drought and severe poverty. The vast majority of the population live in rural areas and depend entirely on farming for their daily income. However, less than a fifth of the land is suitable for growing crops.

This reliance on farming leaves families incredibly vulnerable to natural disasters. Recurring droughts and sudden floods cut off food supplies and wipe out vital income for households. Issues like rising inflation, rapid population growth and shifting weather patterns add to the pressures on rural livelihoods and mean vulnerable communities face an uphill struggle for survival.



Tearfund's response: Historically, Kenya is the birthplace of our Bible-based Transforming Communities approach, which encourages local churches to identify and use the resources they already have to lift their communities out of poverty. Our partners actively train church leaders and local facilitators to lead community development, from establishing sustainable farming methods to providing emergency relief during severe droughts.

Let's pray:



- for the dedicated individuals leading our Transforming Communities work across Kenya. Ask God to keep them safe, grant them wisdom and guide them as they help families, often in remote areas, work their way out of poverty.
- for the peacebuilding networks Tearfund is promoting in Kenya, for wisdom to address complex issues in ways that bring glory to God. Pray for God's favour on them as they work to foster lasting peace.
- for church leaders as they speak out against injustice. Ask God to help them reach and serve the most marginalised people well, and pray for unity between all denominations.

THE EXTRA MILE



‘We do not “build the kingdom” all by ourselves, but we do build for the kingdom. All that we do in faith, hope and love in the present, in obedience to our ascended Lord and in the power of his Spirit, will be enhanced and transformed at his appearing.’

NT Wright, *Surprised by Hope*

King Jesus, thank you that your kingdom is being built in Kenya. Jesus, we rejoice in your church there and in the Christians who are building for your kingdom in the power of your Spirit.

Jesus, you are the resurrection and the life. As your church in Kenya works to transform communities, to build lasting peace and to challenge injustice, reveal yourself among them. Reveal in them your glory so that the world might rejoice in you. Amen.



Day 6:

Tuesday 28 July

Malawi

Praying for sustained peace and renewed hope in Malawi



The hurdles: Malawi is known as ‘the warm heart of Africa’ for its hospitality and the friendliness of its people. Its population lives primarily in rural areas and relies completely on agriculture to survive. In recent years, the economy has faced intense challenges, as high inflation and severe currency devaluation have pushed families deeper into poverty.

This economic pressure is worsened by unpredictable weather patterns and extended droughts. Several devastating cyclones have crippled food production and ruined infrastructure. So Malawi’s millions of subsistence farmers struggle to grow enough food and access basic necessities like clean water and sanitation.



Tearfund’s response: At the core of our work is equipping local churches to help their communities lift themselves out of poverty and build lasting resilience against climate shocks. Through community-led self-help groups, hundreds of thousands of people have been supported to save together, build small businesses and secure a steady income. Our partners also provide practical training in sustainable farming techniques, helping to produce bigger harvests, even as temperatures rise, and ensure families have enough nutritious food all year round.



Let’s pray:

- for the sustained peace that Malawi enjoys. Pray that this precious peace will continue and serve as a firm foundation for the country’s recovery and growth.
- giving thanks for the incredible ways women, children and the elderly are being equipped and embraced by local churches. Let’s thank him that their families are now able to put food on the table, send their children to school, and build up sellable assets such as livestock so they are more resilient to disasters.
- that God continues to bless, guide and strengthen our local church partners. Pray that more congregations will be equipped to lift their communities out of poverty, meet practical needs and bring lasting hope.



THE EXTRA MILE

‘Rejoice with those who rejoice; mourn with those who mourn.’
Romans 12:15

Share a mealtime with someone today. Before you eat, sit down together with no food in front of you and pause. Think about the feeling in your body, the desire to have your human needs met, and lift up those in prayer who do not have food in their home today. Ask God to strengthen hungry communities in Malawi and to help more families lift themselves out of food poverty.

Then, as you stop and eat, join with those in Malawi who are thankful for the food on their table, who have been trained in sustainable farming, and who will not go to bed hungry. As you enjoy your food, take a moment to give thanks for what you are eating and thank God for using the church to equip communities in Malawi to tackle poverty.



Day 7: Wednesday 29 July

Pakistan

Praying for dignified work, climate resilience and secure futures in Pakistan



The hurdles: Pakistan ranks among the top ten countries in the world most vulnerable to the climate crisis. Its people face an onslaught of recurring natural hazards, including intense heatwaves, landslides, cyclones and devastating monsoon floods. They also struggle with severe water scarcity.

These recurring disasters crush local infrastructure and trap families in deep economic hardship. Roughly a third of the population relies entirely on crop farming for their survival, but outdated tools make it difficult to secure a stable harvest. With few sustainable job opportunities available, millions are forced into informal jobs where wages are irregular and basic rights are ignored.



Tearfund's response: We work alongside local partners to help families increase their incomes, protect their environments and secure permanent access to clean water and adequate sanitation. We actively train local communities to prepare for and respond to disasters, sharing practical skills to build their resilience. By helping farmers adapt their livelihoods to changing weather patterns, our partners are equipping households to be more self-sufficient and build a more secure future.

Let's pray:



- for protection for all those working to support communities in Pakistan, including Tearfund's local partners and staff. Pray that God will grant them wisdom and discernment to know how best to meet people's needs and mobilise communities to bring transformation.
- for those in positions of power to continue to lead with courage, compassion and a heart for the wellbeing of all citizens. Pray for divine wisdom as they steer the country through its complex economic and environmental challenges.
- for families who have experienced devastating cycles of drought and flooding. Ask God to protect their lives and their livelihoods, and give them renewed strength to become increasingly self-reliant and resilient to climate shocks. Pray that abundance replaces hunger.

THE EXTRA MILE



‘The earth is the Lord's, and everything in it, the world, and all who live in it; for he founded it on the seas and established it on the waters.’
Psalms 24:1–2

Heavenly Father, we lift Pakistan up to you. We cry out to you for its people who are deeply affected by climate hazards. Come and bring hope, resilience and creative solutions to churches and community leaders. Protect them and give them strength.

We pray also that you will move in power. Father God, we ask you to gather up your broken creation and restore it according to your purposes. In your mercy, come and bring healing to the land. Amen.



Day 8:

Thursday 30 July

Tanzania

Praying for regional peace, just leadership and political stability in Tanzania



The hurdles: Tanzania has a long legacy of relative peace and stability, actively contributing peacekeepers to UN international missions and building trade across the region. Yet, recent political instability, including post-election violence last year – as well as regional conflict and displacement – threaten to undermine this.

Despite vast natural resources and a commitment to democratic institutions in Tanzania, corruption and the misuse of public funds are rife. Consequently, a lack of basic infrastructure, including water shortages and electricity rationing, is holding back progress for many. More than 17 million people are trapped in extreme poverty and lack access to even the basics, especially in rural areas.



Tearfund's response: Tearfund has walked alongside local Christian partners and Tanzanian churches to drive long-term community transformation since 1969. Heeding the gospel call to the church to transform every area of life, we walk alongside and equip communities to lift themselves out of poverty with dignity. Through church-led self-help groups, neighbours save money together, build business skills, and create strong community safety nets that increase their resilience against shocks and hardship.



Let's pray:

- for regional peace and an end to political violence. Pray that tensions after November's elections will fade, and that the region will come to enjoy sustained peace, stability and reconciliation.
- for divine wisdom and integrity for Tanzania's leaders. Let's pray that their decisions will be driven by integrity for the benefit of all, especially the poorest and most marginalised people.
- for comfort, provision and restoration for those affected by conflict and violence. Ask God to comfort those suffering loss and trauma, and provide for them so they can heal and rebuild their lives in safety.



THE EXTRA MILE

Heavenly Father, we thank you that you are the Prince of Peace. You say in the Sermon on the Mount,

‘Blessed are the peacemakers,
for they will be called children of God.’

Matthew 5:9

Thank you for Tanzania's history of peace and peacemaking: please continue to reveal yourself as the Prince of Peace among its people. Grant wisdom and strategies to its leaders so they give voice to those on the margins. Bring transformation in them and through them. May Tanzania be a nation marked by people's love for one another and for you, O God. Amen.



Day 9: Friday 31 July

Nigeria

Praying for peace, protection and provision in Nigeria



The hurdles: Soaring inflation and the high cost of living are making essentials like food and fuel unaffordable for millions in Nigeria. Economic growth is stunted by widespread insecurity from insurgency and kidnappings, particularly in the north. This, combined with intense clashes over land resources, means 2.1 million people are displaced in the region after being forced to flee their homes.

In the fragile and vulnerable areas of Nigeria where Tearfund works, disasters driven by the climate crisis – such as severe flooding and desertification – are accelerating food insecurity and pushing families deeper into poverty. Amid ongoing violence and hardship, many face a daily battle to feed their children and survive.



Tearfund's response: In Nigeria, Tearfund is tackling severe poverty and injustice by building lasting resilience in communities. Working through local churches and partners, we support peacebuilding initiatives to reduce conflict and address sexual and gender-based violence. By equipping churches to respond locally, we are helping families secure essentials like food, clean water, healthcare and education so they can rebuild a hopeful future.

Let's pray:



- for peace and protection over communities in conflict-affected parts of Nigeria, so families can live without fear and rebuild their lives in safety. Pray for the safe return of the children who have recently been abducted from schools across Nigeria, and ask God to comfort and strengthen their heartbroken families. Let's pray also for lasting peace and improved security, so that every child can go to school and learn without fear.
- for families who are struggling with the rising cost of living, that they will receive the food, resources and all they need to thrive.
- for the local churches, community organisations and Tearfund staff working to bring hope, practical help and healing to vulnerable people across Nigeria.

THE EXTRA MILE



Find a bag, put it on your back and go outside. As you walk, imagine you are walking to school. It is a privilege and a joy to learn among your friends and your community. Yet, there is a risk that as you walk, you could be taken from your community and your family. As you look around, pray for peace on the streets of Nigeria. That young people will be safe walking to school, that hope will dispel fear, that young people will be able to play and learn in safety and security.

At the end of your walk, declare the blessing from **Numbers 6:24–2** over the families of Nigeria:

‘The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face towards you and give you peace.’ Amen.



Day 10:

Saturday 1 August

Rwanda

Praying for health, peaceful communities and all those working for change in Rwanda



The hurdles: Since the devastating genocide of the Tutsis in 1994, Rwanda has made impressive progress in its recovery and development. Yet, almost 40 per cent of the population still live in poverty, frequently struggling to secure basic needs, pay school fees or cover medical costs. Older people, people with disabilities, and women remain disproportionately vulnerable: women often have restricted access to formal employment, education and financial services.

Known as the land of a thousand hills, Rwanda has a steep, mountainous terrain that makes farming challenging. Yet, 70 per cent of the population depend entirely on agriculture for food and income. Rural households and their livelihoods are highly exposed to changing weather patterns and natural disasters.



Tearfund's response: Tearfund has been working in Rwanda since 1968. Through community-led self-help groups, families are learning how to save money, gaining business skills and launching their own enterprises. Our partners are coaching farmers in sustainable techniques that multiply crop yields and improve family nutrition, working with the rugged terrain. We're also equipping churches to lead vital environmental restoration work, from conserving water to stopping soil erosion, to help communities stand strong against disasters.

Let's pray:



- for deep and sustained peace in Rwanda and the wider region. Pray that communities will live in harmony and safety, and that the church will serve as a powerful instrument of reconciliation.
- for protection against disease, including the Ebola outbreak affecting neighbouring countries. Pray for the region, that God protects people's health, halts the virus and brings healing.
- for all those working for change in Rwanda, including local churches, and Tearfund partners and staff. Pray that God will give them strength and perseverance, and provide for their work, so they can have a lasting, transformative impact.

THE EXTRA MILE



‘A new command I give you: love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.’
John 13:34–35

Lord Jesus, show the people of Rwanda the full height, depth and the breadth of your love. May they love one another well, because they were first loved by you.

Grant them grace and compassion for each other and a willingness to work together across communities. Father, help your church in Rwanda to lead the way, showing love and kindness to everyone they meet. May they be peacemakers and changemakers who lead communities into transformation. May their witness be their oneness in Christ.

Come and build your kingdom among them. In your holy name, Amen.



Day 11: Sunday 2 August

Mozambique

Praying for peace, safety and restoration in Mozambique



The hurdles: Despite Mozambique's remarkable reconstruction after its devastating civil war (1977-92), it remains near the bottom of global development rankings. Extreme poverty is widespread, and a large portion of the population has limited access to basic education, clean water and adequate healthcare.

The country is uniquely vulnerable to extreme weather events, including cycles of intense drought, severe flooding and recurring cyclones that flatten entire villages. This also ruins infrastructure and traps the most vulnerable families, especially in rural communities, in a vicious cycle where they struggle to survive.



Tearfund's response: Tearfund walks alongside local church networks, Christian partners and local authorities in Mozambique to build climate-resilient, peaceful communities in the long term. Our partners train local congregations to teach families sustainable farming practices that secure a consistent food supply. Tearfund is also helping communities prepare for recurring natural disasters, ensuring they can survive sudden environmental shocks, protect lives and recover quickly.



Let's pray:

- for the restoration of peace and security in northern Mozambique. Pray that all those who have fled their homes can return safely to their original communities, rebuild homes and livelihoods, and find fresh hope for the future.
- that more and more local churches will be equipped to be strong pillars of support in their communities, helping families become resilient to environmental shocks and disease outbreaks.
- for the protection and reintegration of families returning to Mozambique: some were forced to return from South Africa recently, for example, after anti-migrant protests spilled over into violence. Ask God to provide for local churches in Mozambique helping returnees reintegrate.



THE EXTRA MILE

'The Lord is a refuge for the oppressed, a stronghold in times of trouble.'
Psalm 9:9

Find a blanket and wrap it around yourself. Breathe slowly and wait upon God. Then join in this prayer or speak out your own.

'Heavenly Father, as I sit with you, with this blanket wrapped around me, let it remind me of your love for the people of Mozambique. Where they need comfort, we ask you to be their comforter. Please fill each person and each community with your peace. You are the refuge for the oppressed, you strengthen those who are in fear. Just as I sit with you and know your comfort now, may those in Mozambique know your love, peace and strength in their situation too. In Jesus' name, Amen.'



Beyond the finish line

The final whistle will blow in Glasgow, the stadium lights will go down, and the athletes will return home. But our call remains.

Following Jesus means stepping toward the places others might avoid. His love stays, walks alongside, and gets stuck in to build a better future. Ending extreme poverty is an endurance run, and the need is great. But when we run together, we can push harder and lasting change reaches further – to more families, more communities, and more generations.



Jesus Christ, Son of God, have mercy on us. Forgive us where we have allowed poverty to run rampant throughout your world. Forgive us where we have turned a blind eye or become indifferent to it. Forgive us especially where we have profited from it, as individuals, as a nation.

Jesus, you said:

‘Blessed are you who are poor,
for yours is the kingdom of God.
Blessed are you who hunger now,
for you will be satisfied.
Blessed are you who weep now,
for you will laugh.’

Luke 6:20–21

Thank you that your kingdom is one without injustice or poverty.

God, we yield to your will for our lives. Come and transform us. Make us agents of your upside-down kingdom. Come and bring an end to poverty, here and now in our time. Let us see your kingdom among us.

In your holy name we pray,
Amen.



Continue the journey **with us**

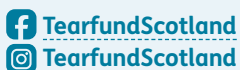
Tearfund Scotland:

Your prayers power the work you have been interceding for over the past 11 days, and your giving sustains it.

If you'd like to continue to pray for our work, sign up for Tearfund's weekly prayer email at www.tearfund.org/prayeremail

To partner with us financially and help build hope in communities worldwide, you can set up a monthly regular gift or make a one-off donation on our website. Thank you.

Visit www.tearfund.org/give to support Tearfund's life-changing work today.



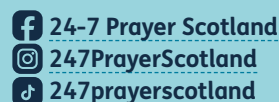
24-7 PRAYER SCOTLAND:

Thank you for joining with 24-7 Prayer Scotland and Tearfund to intercede for transformation across the world. We are filled with hope for the things that God will do throughout the world in response to your prayers.

If you have been inspired to go deeper in prayer, please do get in touch with our team. We would love to hear from you and to support you on the journey.

You can contact us through our website, and you can sign up for our quarterly newsletter: www.24-7scotland.com

We are sustained by the generosity of churches and individual givers, whose support allows us to support individuals, churches and communities to go deeper in prayer, mission and justice. If you wish to become one of our financial supporters, you can follow the link below to partner with us: www.24-7scotland.com/giving



About Tearfund Scotland:

Tearfund is a Christian charity working in more than 50 countries where conflict, climate disaster and injustice push millions of people into the unrelenting hardship of extreme poverty. We do not accept that lives should be destroyed by poverty – and we know that transformation is possible.

True restoration begins by healing broken relationships – with God, ourselves, each other and creation. That is why we work in long-term partnership with local churches and community organisations, walking alongside people as they unlock the unique gifts, skills and resources they already possess.

We are committed to seeing individuals and communities move beyond everyday survival, rediscover their God-given dignity, and build a future where everyone can truly flourish.

tearfund

ABOUT 24-7 PRAYER SCOTLAND:

24-7 Prayer Scotland is a prayer movement that works across the breadth of the church in Scotland. We equip individuals, churches and communities with the goal to revive the church and rewire culture through non-stop prayer, mission and justice.

We believe that through prayer our own lives, our communities and our world will be transformed by the love of God.


We are part of the international 24-7 Prayer Movement. 24-7 Prayer supports night and day prayer rooms across the world. We have seen prayer rooms in 78 nations, with over 25,000 prayer rooms happening across the world since we began in 1999.

Above all else, our vision is Jesus. We are committed to seeking his face and following his ways, praying together, 'Your kingdom come, your will be done, on earth as it is in heaven.'

 **24-7 PRAYER SCOTLAND**

tearfund.org/whereloveleads

Tearfund Scotland, Challenge House, 29 Canal Street, Glasgow, G4 0AD

+44 (0)141 332 3621 ✉ scotland@tearfund.org   /TearfundScotland

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